

Lundi , 21.11

09:05 - 10:00

Pilates
Melanie

10:10 - 11:05

Pilates
Melanie

18:00 - 18:55

TRX
Marc

20:05 - 21:00

TRX
Marc

Mardi , 22.11

18:00 - 18:55

Pilates
Claudia

Mercredi , 23.11

09:15 - 10:10

TRX
Marc

17:45 - 18:40

Fighttime 55'
Patricia

Jeudi , 24.11

09:15 - 10:10

Pilates
Silvana

18:40 - 19:35

TRX
Marc

19:50 - 20:45

TRX
Marc

Vendredi , 25.11

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Andrea

Samedi , 26.11

Dimanche , 27.11