

Lundi , 17.10

09:05 - 10:00

Pilates
Cordelia

10:10 - 11:05

Pilates
Cordelia

18:00 - 18:55

TRX
Marc

20:05 - 21:00

TRX
Marc

Mardi , 18.10

18:00 - 18:55

Pilates
Cordelia

Mercredi , 19.10

09:15 - 10:10

TRX
Marc

18:45 - 19:40

Sypoba
Beat

Jeudi , 20.10

18:40 - 19:35

TRX
Marc

19:50 - 20:45

TRX
Marc

Vendredi , 21.10

09:15 - 10:10

BBP (Bauch, Beine, Po) /
Bodytone
Andrea

Samedi , 22.10

Dimanche , 23.10