

Lundi , 05.09

09:05 - 10:00

Pilates
Cordelia

10:10 - 11:05

Pilates
Cordelia

Mardi , 06.09

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Jeong Min

18:00 - 18:55

Pilates
Claudia

Mercredi , 07.09

09:15 - 10:10

TRX
Adam

18:45 - 19:40

Sypoba
Ilona

Jeudi , 08.09

09:15 - 10:10

Pilates
Silvana

Vendredi , 09.09

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Andrea

Samedi , 10.09

Dimanche , 11.09